

DIETETIC MANAGEMENT OF ENTERIC FEVER.

Dr. William Egbert Robertson, of Philadelphia, Penn., believes that the dietetic management of enteric fever has been given too little attention. Very few statistical reports dealing with large numbers of cases have been made. The laboratory work of Dr. Pawlow and his pupils in St. Petersburg is of importance. They showed that both a physical and a chemical secretion of the digestive glands takes place, and that the former actually stimulates the latter. So, by tempting the appetite, a variety of food can be given in an effort to stimulate the desire for food; for food taken willingly, or especially with pleasure, is more apt to be digested and assimilated than if a food repugnant to the patient is forced on him. A fairly large *post-mortem* experience on the part of Dr. Robertson has shown him that, no matter what the diet, except milk, the small bowel always contains liquid fæces only, and that formed material is found only in the colon. When the milk alone is allowed, or when it constitutes the bulk of the food, it is often found in putty-like masses all along the alimentary canal. Even when milk is well taken and assimilated, the wasting and exhaustion are pronounced, while in those well fed this condition is usually absent. In fact, in well-fed cases, the condition which gave the disease its name is almost totally wanting, and convalescence is short. Of course, we cannot expect to shorten the febrile period, but the time of total disability can be materially shortened. We have no remedy for the disease, and all our efforts must be directed towards the dietetic and hygienic management. While he would not advocate a full diet, the following can be administered, not only without fear of harm, but with beneficial results:—Eggs, raw or cooked, cereals, bread and butter, salad, well-cooked spinach, potatoes, macaroni, soups, gelatine, jellies, custards, all beverages such as tea, coffee, chocolate, &c., ice-cream, and chicken. On such a diet the patient is able to combat the wasting, the liability to complications is lessened, and convalescence is shortened. Of course in gravely toxic cases and to the comatose only liquid food, if any, can be given.

ARTIFICIAL RESPIRATION.

A Committee of the Royal Medical and Chirurgical Society, after long investigation, has reported favourably on the Marshall Hall or "rolling" method of inducing respiration for the resuscitation of the apparently drowned.

Queen Alexandra's Imperial Military Nursing Service.

The following appointments have been made to Queen Alexandra's Imperial Military Nursing Service:—

Matron-in-Chief.—Sidney Jane Browne (R.R.C.) (temporary).

Principal Matrons.—Ethel Hope Becher (R.R.C.) and Caroline Helen Keer (R.R.C.).

Matrons.—Beatrice Isabel Jones, Florence Ellen Addams-Williams, Mary Cecil Florence Kate Cole (R.R.C.), Elizabeth Ferguson, Ann Garriock (R.R.C.), Lydia Hardement, Isabella Julia Jerrard (R.R.C.), Marianne Catherine Smith Knox (R.R.C.), Sarah Elizabeth Oram (R.R.C.), Gertrude Mary Payne (R.R.C.), May Russell (R.R.C.), Gertrude Elizabeth Saunder, Louisa Mary Stewart (R.R.C.), Alice Emily Tait, Martha Thomas (R.R.C.), Sarah Emily Webb (R.R.C.), Mary Wilson, Clara Mavesyn Chadwick (R.R.C.), Emma Maud McCarthy (R.R.C.), and Anne Beadsmore Smith (R.R.C.).

In addition fifty-three Sisters and twenty Staff Nurses are gazetted to the Service.

We understand that nearly all the members of the Army Nursing Service, now disbanded, have applied, and have been accepted, for appointments in the new Military Nursing Service.

Appointments.

MATRONS.

Miss Jessie Watson has been appointed Matron of the Infectious Hospital at Turriff, Aberdeenshire. She was trained for three years and certificated at the General Infirmary, Sunderland, and subsequently held the positions of Out-patient Sister and of Night Superintendent in that institution. She gained experience in infectious nursing as Charge Nurse at the Park Hospital, Hither Green, Lewisham, and temporarily acted as Matron of the Isolation Hospital, Barking. She has for some years been on the private nursing staff of the London Association of Nurses, 123, New Bond Street, W. Miss Watson also holds a certificate for electricity and massage.

Miss M. Webb has been appointed Matron of the Middlesbrough Sanatorium. She was trained at the Richmond Hospital, Dublin, and has held the position of Sister and Night Superintendent at the City Hospital, Liverpool.

NIGHT SUPERINTENDENT.

Miss E. Gertrude Hobbs has been appointed Night Superintendent at the West Ham Infirmary, Whipps Cross Road, Leytonstone. She was trained at Guy's Hospital, and has held the position of Staff Nurse at the Royal South Hants and Southampton Hospital, Charge Nurse at the Northern Fever Hospital, Winchmore Hill, and Sister at the Lewisham Infirmary. She holds the certificate of the London Obstetrical Society.

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